

# Spectrum

DECEMBER 2013/  
JANUARY 2014



Best  
wishes  
for Christmas  
& The New Year

One copy delivered free to each household ten times per year.

Available online at

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and [www.fenstanton-village.co.uk](http://www.fenstanton-village.co.uk)

[spectrumparishnews@gmail.com](mailto:spectrumparishnews@gmail.com)

## **SPECTRUM TEAM**

**Editor:** Margaret Guthrie

**Assistant Editor:** John Guthrie

**Advertising Secretary:** Kay Pulley

**Accounts Secretary:** Mickey Pallett

**Website Co-ordinator:** Peter Frazier

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**Whenever possible, the Editor would prefer copy by email, to: [spectrumparishnews@gmail.com](mailto:spectrumparishnews@gmail.com)**

or if you haven't access to email, written contributions to: 20 High Street, Fenstanton PE28 9JZ

Any material submitted for insertion will be at the discretion of the editors, subject to editing, and will be copyright of the publisher. **The FINAL deadline for copy is the 14th of the current month.**

## **USEFUL NUMBERS**

### **Emergency:**

Police 101  
Fenstanton Surgery 01480461873  
Fenstanton Pharmacy 01480495159  
***To report: water leaks 08003167676***  
***street lights not working 0800253529***

### **Council:**

Fenstanton Parish Council 01480465300  
Hilton Parish Council 01954210241  
County Councillor 01480830250  
District Councillor (Fen'ton) 01480466692  
District Councillor (Hilton) 01480830250

### **Education:**

Primary School 01480375055  
Fenstanton Pre-School 01480496156  
Fenst. Baby & Toddler Group 01480830658  
Swavesey VC 01954230366  
Sunshine Day Nursery Hilton 01480830351  
Hilton Baby & Toddler Group 01480830658

### **Churches:**

Fenstanton U R C Church 01480352058  
Fenstanton Parish Church 01480465211  
Catholic Church (St Ives) 01480462192  
Hilton Methodist Chapel 01480830686  
Rev. Katy Dunn 01480830314  
Hilton Parish Church 01480830466/866  
The Bridge (St Ives) 01480498801  
Men's Christian Fellowship 01480392018

### **Clubs:**

Beavers, Cubs & Scouts 01480831715  
Fenstanton Brownies 01480464939  
Hilton Brownies 07808017177  
Fenstanton WI 01480395564  
Hilton WI 01480830358  
Over 60's Fenstanton 01480493212  
Hilton Art Club 01480831410  
Hilton Flower Club 01480830571  
Fenstanton Bowls 01480498050  
Fenstanton Indoor Bowls 01480497202  
Fenstanton Football Club 07786318959  
Fenstanton Youth Football 01480395338  
Hilton Aerobics 01480832321  
Fenstanton Aerobics 07742488459  
Hilton Pilates 07733307475  
Fenstanton Pilates 01480465117  
Fenstanton Morris 01480466448  
Tai Chi for beginners 01480468701  
Tennis 01954231752  
Fenstanton Fishing 01480497728

### **Community:**

Hilton Feast Week 01480831299  
Fenstanton Village Sports 01480370973  
Fenstanton Village Hall 01480461751  
Hilton Town Trust 01480831454  
Hilton Neighbourhood Watch 01480831658  
Fenst. Neighbourhood Watch 01480395284  
Fenstanton Church Centre 01954230471  
Hilton Village Hall 07922014991

If you run a club or are involved in a village activity and think your telephone number would be useful on this page, please let us know. Please advise us of any errors or amendments needed to any of the above.

## Christmas message from Revd Dr Robin McKenzie, Priest in Charge, Fenstanton

We are not quite Paris, but the welcome is the same!

When I was much younger, my family spent a few days in Paris. I remember the excitement of going up the Eiffel Tower, something that many of those who live Paris, it is said, have never done. Now, the Parish Church may not be the Eiffel Tower, but like many Parisians, you may not have taken the opportunity to come inside the Parish Church, or any of our sister churches locally.

Here (and there) you will find a warm welcome. Whether it be for our more traditional services, like the Carol Service or Midnight Communion, or our more relaxed services of Christingle, Crib, or Christmas morning service, there will hopefully be something for you. All the churches will provide something for you. You may not have the opportunity to look down on Fenstanton, but you will hopefully have comfort and support in what you find, and something of your own heart. Jesus Christ, the baby we welcome, lives, and helps to bring new life to each of us.

It may be that life is more difficult at this time, or you would like to help those who are finding things difficult. At our Toy Service we bring wrapped Christmas presents that are then distributed locally through Social Services. We continue to offer single payment assistance to those associated with Fenstanton through our Community Fund.

Wishing you a Merry Christmas, and a Happy New Year

### Fenstanton Roving Supper

We had an excellent time on Saturday 16th November. 84 people 'Safaried' around the village and ended up at the Thai restaurant, where we were made very welcome, and served coffee and after dinner drinks! Some people were very late getting home!

As a result we made £1180 to be shared between EACH and The Arthur Rank Hospice - they will get more as most people signed Gift Aid on their donations.

Our thanks to everyone who took part in any way.

Jan & Margaret

Dear Spectrum

I just thought I would share with you the unfortunate news that we've had our garage broken into over the weekend and items taken. I wanted to make other villagers aware of this.

We live down Headlands on the new estate and think this happened over the weekend. One thing they stole was our buggy and we are due our second child in two weeks.

Needless to say impolite words escaped our mouths when we saw all this.

Anyway, I just wanted to spread the news that this has happened to us and hope that no one else has this happen to them.

Kind regards

Yvonne Strangward

The Environment Agency is recording and monitoring reports about smells emanating from the Galley Hill chicken farm and the more people complain, the more able they are to take action. The EA hotline number for reporting this is 0800 807060 & the postal code for Galley Hill is PE28 9HL. This number is manned 24 hours a day and you can ring whenever you are bothered by any unpleasant smell.

## FENSTANTON POPPY APPEAL 2013

I would like to say a huge thank you to all the door-to-door collectors and businesses in Fenstanton who have collected for this year's Poppy Appeal. Early indications show that collections will reach an all time high in Fenstanton.

The Education Pack provided to the School was very well received by the Children and my thanks go to the School for agreeing to the trial pack, also to the Children for their generous donations. My thanks also to all of you who so generously donated to the Appeal.

Whilst writing, I would like to clear up a misconception that people appear to have about the Poppy Appeal funds. The Poppy Appeal is responsible for providing long term help for serving and ex-service personnel and their dependants, not just from the previous World Wars but **all** conflicts such as Korea, Aden, Northern Ireland, The Falklands, Iraq, Afghanistan and so on. There are six Royal British Legion Care Homes, each providing long-term nursing and personal care. Some also provide dedicated dementia care and respite care.

The Royal British Legion is providing £27 million to establish and operate The Battle Back Centre at Lilleshall as part of its commitment to support wounded, injured and sick Service personnel.

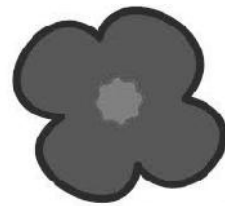
The Royal British Legion's Civvy Street website gives beneficiaries and their partners information, advice and guidance on careers, skills and self-employment. If you're having trouble with those small household repairs and minor adaptations around your home and you're eligible for our help, The Royal British Legion might be able to help you through our handy van service known as Poppy Calls.

I could go on, but the Legion and the Poppy Appeal provide so much more than I can list here. If you would like more information on the Royal British Legion and the Poppy Appeal, please visit their website at

[www.britishlegion.org.uk](http://www.britishlegion.org.uk). and [www.poppy.org](http://www.poppy.org)

You may be surprised!

*Gill Dartford*



**Lest We Forget.**

### **Hilton Royal British Legion**

Thanks to all in Hilton for your donations to the 2013 Poppy Appeal and also to our 24 collectors who have encouraged you to part with your money for this worthy cause.

The money collected helps the Legion in their work supporting all servicemen and women with physical, mental and emotional problems and their families in civilian life. The incomplete total received so far is £756.66 , the final one will be in February Spectrum and village notice boards .

On another note, Monday, 4th August 2014 will mark the 100th Anniversary of the start of the Great War which will be commemorated nationally.

A Commemoration of Memories will take place in Hilton on Sunday 3rd August.

More details will be announced in February Spectrum and in future publications.

Thank you again for your continued support.

*Margaret Shardlow  
and Julie Briggs*

### **Police report.**

During the month of September, the latest month for which official information is available, the following crimes and incidents were reported:

4 incidents of anti-social behaviour.

3 incidents of vehicle crime.

1 incident of criminal damage.

1 incident of burglary.

The Parish Council urges Parishioners to be vigilant and report any suspicious behaviour to the Police. Telephone 101, Crimestoppers can be contacted on 0800 55 51 11 or in an emergency 999.

### **Vindis site development**

Representatives from the District Council and the site agents attended the Parish Council meeting to appraise those present of the type of development envisaged for the Vindis site. The meeting was advised that at this juncture, no design brief has been formulated and the number of dwellings for the site has yet to be determined. It is proposed that a working group will be formed incorporating Fenstanton Parish Council, Hemingford Grey Parish Council, St Ives Town Council, Huntingdonshire District Council and the site agents, to ensure the development is acceptable to all neighbouring Councils and communities. It is envisaged that an outline planning application will be submitted early in the New Year.

### **Local Highway Improvement Initiative 2014/2015.**

Despite last year's unsuccessful submission for grant funding to restore the edge of Chapel Green and prevent further erosion, the meeting resolved to resubmit the application for 2014/2015.

### **Next Meeting.**

The next meeting of Fenstanton Parish Council will be held on **Thursday 9<sup>th</sup> January** at 7:30pm at Fenstanton & Hilton Primary School, School Lane, Fenstanton. Members of the public and press are welcome.

Minutes of the previous meeting and agendas are available on the Village website.

**The local Carers Support Team** will be running information stands on the following dates to provide information on benefits and the support and services available to carers living in Cambridgeshire:



Cambridgeshire  
County Council

March Christmas Market - 8th December, 10.00am - 4.30pm

Wisbech Christmas Market - 16th December, 10.00am - 4.30pm

If you require further information about the events or Carer's Rights Day this is available on our website at:

<http://www.cambridgeshire.gov.uk/CMSWebsite/Apps/News/Details.aspx?ref=1198>

## HILTON PARISH COUNCIL - 4TH NOVEMBER

**Clerk:** The Parish Council are pleased to welcome Mrs Jo Perez as the new Clerk to the Council and we wish her every success in her new role.

**Fireworks:** As in previous years, Hilton Parish Council hosted a firework night on the 2 November. We would like to thank all those involved in putting on such a great display in trying conditions, and also thank you to all those who attended.

**Proposed Crossing on Potton Road:** We have received an update from Cambridge County Council confirming that preliminary works are under way and within the expected timescales for this type of project. We will continue to keep parishioners informed of developments.

**Removal of streetlight in Grove End:** A quotation from Balfour Beatty has been received in excess of £3,000 for this work. Alternative solutions are to be investigated.

**Play Area:** The annual inspection report has been received from Wicksteed and quotes for repairs to the damaged edging are being sort. Again, we will continue to keep parishioners informed.

**Ditch clearance:** Authorisation has been given for the clearing of Hilton's main ditches with the exception of the Town drain. This work will be conducted in accordance with the normal maintenance regimes, defined to protect and enhance local flora and fauna.

**Community Infrastructure Levy:** Huntingdon District Council has provided information on this levy, charged on certain new builds and large extensions, and how Parish Councils can benefit from this charge if they are able to justify spending their proposed share on a suitable project within the village.

**Precept:** The Council will be looking to agree the precept for the financial year 2014/15 at the next meeting.

**Minutes of this meeting:** will be posted on [www.hilton-pc.co.uk](http://www.hilton-pc.co.uk) once they have been agreed at the next Parish Council Meeting.

**Next Meeting:** The next full meeting of the Parish Council will take place at 7:30 pm on **Monday 2 December 2013** at Hilton Village Hall.

There will not be a meeting in January; the next scheduled meeting will be **Monday 3 February**

In the meantime the Parish Council would like to wish everyone in the village a very Happy Christmas and prosperous New Year.

Notice of agendas, minutes of meetings and contact details will be placed on [www.hilton-pc.co.uk](http://www.hilton-pc.co.uk) and on the village notice boards.

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### About Fenstanton at the time of the Domesday Book

According to the Domesday survey **Fenstanton** in 1086 was a fairly large community of around 30 homes probably circling a village green. Villages built around a green may originally have been constructed in a circular pattern to provide protection for livestock against wolves or other marauders. By 1086 almost every modern village existed and bore its modern name. Place names ending in 'ton' are Anglo Saxon and **Fenstanton** (together with its ever changing spellings) literally means 'the stony place in the fen', which is a good description of the village location.

The village is believed to have originated around the **Honey Hill** area. The population of **Fenstanton** is recorded in the Domesday Book as "*24 villagers, 8 smallholders and 1 priest*".

Only the male population was recorded so we can safely assume that there would have been an equal number of females and probably three or four times as many children. There were most likely no more than 130 people living in the village in 1086.

In the year 1086 **Fenstanton** would have been an empty world, with much more room to stretch out and breath. It would have been the quietness of life in a medieval English village that would strike a visitor from today. The total England population was little more than a million. The village homes were certainly wooden structures, based on a wooden framework stuck into the ground and fastened together with wooden pegs. This framework was then covered in planks or served the basis for a heavy basket like weaving of willow or hazel branches then covered by "cob" a mixture of clay and straw. Roofs would have been thatched with straw or reeds whilst windows were small gaps cut into the walls and covered with a wattle shutter.

Usually there was only one room shared by everybody. Poor people shared their huts with animals divided from them by a screen. During the winter the animal' body heat helped keep the hut warm. Thanes and their followers slept on beds but the poorest people slept on the floor. Floors were of earth or sometimes they were dug out and had wooden floorboards placed over them. There were no carpets. Rich people used candles but they were too expensive for the poor. Instead poor villagers used rush lights (rushes dipped in animal fat).

**Fenstanton** toilets would have been placed immediately outside the house and they were just pits dug in the ground surrounded by walls of wattle (strips of wood woven together). The seat was a piece of wood with a hole in it. With all the human and animal waste so close to the houses the smell would have been terrible and made a perfect home for all types of flying insects. In fact in summer there were so many that August was known as the 'fly month'.

Village communities provided reassuringly constant back-drops for life. The average Anglo Saxon **Fenstanton** villager could probably recognise every duck, chicken and pig in his village and know to whom it belonged, indeed he would know everything about his neighbours' lives.

The unromantic reality of English life in 1086 was the reliance on slave labour. All the documentation sources such as wills, land deeds and the literature of the day clearly show that the basic underpinning of the rural economy in England was a class of workers who can only be described as slaves. We can be sure that this would have been so in **Fenstanton**. The main division in Anglo-Saxon society was between slaves and freemen. However, slavery was not always permanent, and slaves who had gained their freedom could become part of an underclass of freedmen.

**Fenstanton** Anglo-Saxon women appear to have enjoyed considerable freedom and personal rights. The age of majority was usually either ten or twelve (depending on location), when a child could legally marry, take charge of inherited property, or be held responsible for a crime. It was common for children to be fostered, either in other households or in monasteries, perhaps as a means of extending the circle of protection beyond the kin group. Laws also made provision for orphaned children and foundlings. Because of the importance of farming in the **Fenstanton** economy, a high proportion of occupations were to do with agriculture and animal husbandry. Male slaves in particular often worked as farm labourers. Fine embroidery was carried out by ladies. An eleventh-century text concerned with estate management discusses a number of occupations including bee-keeper, cowherd, forester, goatherd, granary-keeper, shepherd, swineherd and cheese-maker.

Life was more dangerous in Anglo-Saxon **Fenstanton** than in modern times. In addition to the hazards of war, feud, and capital punishment, villagers were often at risk from famine and epidemics, as well as from a range of endemic diseases including degenerative arthritis, leprosy and tuberculosis. Life expectancy appears, from archaeological evidence, to have been in the thirties (although there are many instances of people living much longer), and infant mortality was high.

*John Deeks (MORE IN February)*

## WEATHER WATCH

After a run of six disappointing summers, 2013 turned out to be warmer and sunnier than normal. However, the rainfall total for the three summer months of 8.17 inches (217 mm) gives a rather distorted picture since 5.00 inches (127mm) of this total fell on two extremely wet days. Over the summer, measurable rain fell on 18 days, but since 7 of these occurred during the night, in effect rain only fell on 11 during the day, so in effect 81 days out of 92 were dry during the daylight hours.

Apart from 1 August when the temperature reached just a shade below 90F (32.1C), it was pleasantly warm for most of August with 70F (21.C) exceeded on 23 days. The warm theme continued for the first five days of September, but as a cold front swept south on the 6<sup>th</sup> at 18F (10C) drop in temperature occurred from 83.3F (28.5C) to 65F (18.3C). A chilly and changeable spell of weather followed for two weeks, before warm, dry conditions returned for the rest of the month. The warm spell continued for the first eight days of October before northerly winds brought a week of rather cold and much more unsettled conditions. The rest of the month was often wet, resulting in a monthly total of 3.60 inches (91 mm). A return to very mild conditions occurred between October 17 and 28. The so-called St Jude storm on the 28<sup>th</sup> turned out to be a much over-hyped event as far as our area was concerned and in the media's attempts to liken it to the disastrous October 1987 gale, they overlooked the one which occurred on January 19 2007, which also crossed southern Britain killing 19 people.

Throughout September and October night-time minima have only once fallen to 40F (4.4C), with most nights being much higher than this, meaning that there has not even been a ground frost so far this autumn. As I end this report on 5 November, although the night temperature on the 4<sup>th</sup> fell to 38.3F (3.5C), a breeze kept the ground temperature above freezing.

The total rainfall which has fallen during 2013 to the end of October is 22.85 inches (580 mm), which is close to what one would expect for a whole year.

With the festive season approaching I will conclude on a light hearted note with some suggestions for drinks which are named after different types of weather:-

**Hoarfrost:** gin, white curacao, light rum, grenadine, lemon juice.

**East Wind:** vodka, dry vermouth, sweet red vermouth, slice of orange, slice of lemon.

**Snow White:** light rum, lemon juice, pineapple juice, sugar syrup, one egg white.

Finally, although fortunately we had few instances of lightning this summer, imagine being the person who is believed to have been struck by lightning more than any other human being known in recorded history. Perhaps inevitably an American, Roy Sullivan (1912 – 1983) was hit seven times, surviving each time. After the third time of being hit, his notoriety spread and people would flee his company when the prospect of lightning was forecast. Barely believable one might think, yet he made it into the "Guinness Book of Records".

*Patrick Landucci*



## FENSTANTON & HILTON PARISH CHURCHES—DECEMBER/JANUARY

<b>Sunday 1<sup>st</sup></b>	<b>Advent 1</b>	
Hilton	8.00am	Holy Communion (BCP)
Fenstanton	9.30am	Holy Communion & Sunday Club
Hilton	10.00am	Children's Church
Fenstanton	12.30pm	Baptism – Sebastian O'Flynn
Fenstanton	5.00pm	Christingle with tea
<b>Wednesday 4<sup>th</sup></b>		
Hilton	12.30pm	Advent lunch
<b>Thursday 5<sup>th</sup></b>		
Fenstanton	8.30am	Morning Prayer (15 mins)
Fenstanton	3.30pm	Jaffa Club
<b>Sunday 8<sup>th</sup></b>	<b>Advent 2</b>	
Fenstanton	10.00am	Worship for All (Toy Service – please donate wrapped gift, marked boy/girl & age)
Hilton	11.15am	Gift Service at MC with children's activities in church
Fenstanton	12.30pm	Christmas Lunch
<b>Wednesday 11<sup>th</sup></b>		
Hilton	12.30pm	Advent lunch
<b>Thursday 12<sup>th</sup></b>		
Fenstanton	8.30am	Morning Prayer (15 mins)
<b>Sunday 15<sup>th</sup></b>	<b>Advent 3</b>	
Hilton	8.00am	Holy Communion
Fenstanton	9.30am	Holy Communion & Sunday Club
Fenstanton	6.00pm	Evensong
<b>Tuesday 17<sup>th</sup></b>		
Hilton	6.00pm	Carols around the village
<b>Wednesday 18<sup>th</sup></b>		
Hilton	12.30pm	Advent lunch
<b>Thursday 19<sup>th</sup></b>		
Fenstanton	8.30am	Morning Prayer (15 mins)
Fenstanton	3.30pm	Jaffa Club & dressing of tree
<b>Sunday 22<sup>nd</sup></b>	<b>Advent 4</b>	
Fenstanton	9.30am	Family Communion
Hilton	11.15am	Family Worship with coffee served beforehand at 11am
Fenstanton	4.00pm	Carol service
Hilton	5.00pm	Carol service at Methodist Church
<b>Tuesday 24<sup>th</sup></b>	<b>Christmas Eve</b>	
Fenstanton	4.00pm	Crib Service
Hilton	4.00pm	Crib Service with Youth Choir
Fenstanton	11.30pm	Midnight Communion
Hilton	11.30pm	Midnight Communion at MC

<b>Wednesday 25<sup>th</sup></b>	<b>Christmas Day</b>	
Fenstanton	10.00am	Family Worship
Hilton	11.15am	Family Communion
<b>Sunday 29<sup>th</sup></b>	<b>Christmas 1</b>	
Fenstanton	9.30am	Holy Communion by extension
Hilton	11.15am	Family Worship
<b>Thursday Jan 2<sup>nd</sup></b>		
Fenstanton	8.30am	Morning Prayer (15 mins)
<b>Sunday 5<sup>th</sup></b>	<b>Epiphany</b>	
Hilton	8.00am	Holy Communion (BCP)
Fenstanton	9.30am	Holy Communion & Sunday Club
Hilton		No Children's Church this month
Fenstanton	6.00pm	Evening Prayer
<b>Thursday 9<sup>th</sup></b>		
Fenstanton	8.30am	Morning Prayer (15 mins)
<b>Sunday 12<sup>th</sup></b>	<b>Epiphany 1</b>	
Fenstanton	10.00am	Worship for All
Hilton	11.15am	United Covenant Service at MC with Sunday Club in Methodist school room
<b>Thursday 16<sup>th</sup></b>		
Fenstanton	8.30am	Morning Prayer (15 mins)
Fenstanton	3.30pm	Jaffa Club
<b>Sunday 19<sup>th</sup></b>	<b>Epiphany 2</b>	
Hilton	8.00am	Holy Communion
Fenstanton	9.30am	Ecumenical Service at Fenstanton URC church (no service at Parish Church)
Fenstanton	6.00pm	Evensong
<b>Thursday 23<sup>rd</sup></b>		
Fenstanton	8.30am	Morning Prayer
<b>Sunday 26<sup>th</sup></b>	<b>Epiphany 3</b>	
Fenstanton	9.30am	Family Communion with baptism, Grace & Hannah Jablonska
Hilton	11.15am	Family Worship with coffee served beforehand at 11.00am
<b>Tuesday 28<sup>th</sup></b>		
Hilton	1.30pm	Tot's Praise
<b>Thursday 30<sup>th</sup></b>		
Fenstanton	8.30am	Morning Prayer (15 mins)

**Contact information:** For **Fenstanton:** Rev'd Dr Robin McKenzie on 01480 466162 or [mckenzie\\_robin@hotmail.com](mailto:mckenzie_robin@hotmail.com) (baptism, and matters of pastoral concern), or for Community Fund [FenstantonCommunityFund@gmail.com](mailto:FenstantonCommunityFund@gmail.com), or Anne White 01480 382370 (weddings), or Harvey Marshall 01480 395936 (funerals), or Rebecca Cumbers 01480 496335 (Fenstanton Welcome Pack), or Ian Hucklesby 01480 465211 (general enquiries)  
Web <http://www.fenstantonparishchurch.org.uk/>, and on Facebook  
For **Hilton:** Rev'd David Busk on 01480 436400 or [dwbusk@hotmail.com](mailto:dwbusk@hotmail.com) (for baptisms, weddings, and matters of pastoral concern), Ralph Slayter (funerals) 01480 830466 or Rachel Wood 01480 830866 (general enquiries).



## TOTS PRAISE - HILTON



'TOTS PRAISE' (0-5years), are now going to be changed to the last Monday of the month, same time, 1.30pm - 2.30pm, to allow mothers with older children to collect them from school. Any queries telephone, Doreen Prescott (830155) or Linda Stott (830660). We look forward to seeing you at Hilton Church on Monday January 27th. Do come and enjoy the stories, songs and an activity surprises to take home. HAPPY CHRISTMAS  
LINDA, DOREEN, CHESKA, ROY, LAURA sometimes AND CARL

### FENSTANTON PARISH CHURCH APPEAL



w e  
t o

#### HOUSE TO HOUSE COLLECTION September 2013

Many thanks to all of you who gave so generously to help with the upkeep and restoration of the beautiful and historic Parish Church that have in our village. Contrary to what many may think, there is no financial help from the Church of England and it really is down to us, as villagers, preserve our heritage for future generations whether through donations or joining in the various fund raising events through the year.

The September collection this year raised £1880.71 and GiftAid increases donations by 25% when reclaimed from Inland Revenue. A huge thank you again, to all who made this possible. Julia Mitchell, on behalf of the Parish Church Fundraising Committee. [ *apologies for the late inclusion of this article - Julia's emails were disappearing into the Spam box! Ed.*]

**ADVENT LUNCHEAS IN HILTON** These will be held on the following Wednesdays from 12.30 until 2pm. Suggested donations of £3 or more for a simple lunch.

The chosen charity this year is Papworth Hospital Charity

Venues: 4th DECEMBER Heather Woods, 7 Chequers Croft  
11th DECEMBER Pam and David East, Southmead, Church End  
18th DECEMBER Muriel Bell, 6 Tithe Close

**FAIRTRADE COFFEE MORNINGS** Our next coffee mornings will be on **Saturday 7th December and Sat 4th January form 10am until 12 noon**. We have a good selection of Fairtrade groceries, crafts, confectionery, gifts and greetings cards, especially Xmas cards, always on sale. Join us for some refreshments and browse the sale table. Profits from refreshments go to EACH, the children's hospice.

**CHILDREN'S WORKSHOP.** At the coffee morning on **Sat December 7th** there will be a children's Christmas Craft Workshop in the church from 10am until 11.30am. All children welcome to come and make tree decorations and gifts in wood to take home.

### **TRADITIONAL BURNS NIGHT on SATURDAY 18TH JANUARY**

at 7.30pm in Hilton Village Hall

Tickets: £12 - available from Heather Woods Tel 830686

Please bring your own drinks and glasses

This is a fundraiser for Hilton Methodist Church

## HILTON METHODIST CHURCH - DECEMBER/JANUARY

**Contact:** Sandy Monk (01480 830273), email: sandy.monk@btinternet.com and Heather Woods (830686), email ianwoods1992@btinternet..com

Dec	1st	10.00am	Mrs Rosemary Marchant
	8th	11.15am	This is our UNITED GIFT SERVICE with Rev Katy Dunn and a representative from Action for Children to receive our gifts of money, gift vouchers or toys suitable for babies to teenagers There will be a children's activity at this service
	15th	10.00am	Mrs Katy Salmon
	22nd	10.00am	Rev Katy Dunn
		5.00pm	Live NATIVITY SERVICE with CAROLS BY CANDLELIGHT followed by coffee/teas and mince pies after the service in the hall. The collection this year will be for the ST IVES DAY CARE CENTRE, a very worthwhile local charity
	24th	11.30pm	Midnight Holy Communion service
	29th	10.00am	Mr Finch
Jan	5th	10.00am	Dr Barbara Churms
	12th	11.15 am	UNITED COVENANT SERVICE with Holy Communion led by Rev Katy Dunn
	19th	10.00am	Ms Pat Paddon
	26th	10.00am	Mr David Bushby

**DAMAGE TO HILTON METHODIST CHURCH** We would like to ask parents to ensure that their children do not use the steps, disabled ramp and railings as play equipment when they are out on skateboards and scooters. This trespass on our property is causing substantial damage to the brickwork and has caused loosening of the railings which will cost the church a considerable sum of money for a builder to repair. We have already undertaken some remedial work but damage has occurred again. There is also the potential for injury to people using the church from tripping on loosened brickwork.

### FENSTANTON BROWNIES

**LOVE IN A BOX** - A big THANK YOU to everyone: who filled a shoe box; left bags at Church or at my house with lots of essential items in them; gave me money towards the transport costs. I can't say thank you to the people in person as my husband received so many at the house for me, but then forgot the names of those who had brought them! He would say 'You know who they are, they came in a red car, a blue car or on a bike!'

This year 115 boxes were collected from Fenstanton and Fen Drayton. This was an amazing achievement considering the current economic situation. Many thanks once again.



Jenny (Brown owl)

# FENSTANTON UNITED REFORMED CHURCH—DECEMBER/JANUARY

**Come and join us. A warm welcome awaits you.**

**Fenstanton United Reformed Church is part of the St Ives Group of Churches.**

**Contact Revd Dr Catherine Ball on 01480 352058 or the Free Church St Ives on 01480 468535**

Dec 1st	9.30am	Rev Derek Newton
8th	9.30am	Holy Communion, Rev Dr Catherine Ball
15th	9.30am	Keith Cakebread
	3.00pm	“Let’s Sing” - Carols (see p25)
22nd	9.30am	Rev Dr Catherine Ball
	6.00pm	Carol Service at the Free Church, St Ives
25th	9.30am	Christmas Day Service, Rev Dr Catherine Ball
29th	9.30am	Rev Chris Baker
Jan 5th	9.30am	Rev Derek Newton
12th	9.30am	Holy Communion, Rev Dr Catherine Ball
	6.00pm	To be confirmed
19th	9.30am	United Service with the Parish Church at URC
26th	9.30am	Rev Roy Muttram

## **OTHER EVENTS in DECEMBER/JANUARY**

Fri	Dec 6th	10:00 am - 1.00pm	Decorating Trees
Sat & Sun	Dec 7th, 8th	10.00am 11.00am	Christmas Tree Festival
Tues	Dec 10th, Jan 14th, 28th	10.00am	Knitters & Natters
Tues	Dec 3rd, 17th, Jan 7th, 21st	10.00am	Open Door Coffee Morning
Tues	Dec 10th, Jan 14th	2.30pm	Meditation
Sat	Jan 21st	9.30am	Book Sale

## **FENSTANTON & HILTON MEN'S FELLOWSHIP SATURDAY BREAKFAST**

The next breakfast is on **Saturday 14th January** and then on 8th March, 10th May, 12th July, 13th September 8th November. Please note the start date is a month earlier than previously discussed

All local men are welcome,. These breakfasts are held in the Social Area of the URC Church in Chequer Street, Fenstanton. Breakfast will be served at 8.30am but doors open at 8.00am. Sessions last until approximately 10.00am

For catering purposes please contact John Guthrie (01480 392018), email: john.guthrie39@gmail.com



## THE BRIDGE CHURCH

Serving St Ives and Local Communities

[www.thebridgechurch.co.uk](http://www.thebridgechurch.co.uk)

### **Sunday Church Services:**

We meet together at 10.30am on Sundays at Westfield School, Ramsey Road, St Ives, to worship Jesus and hear His good news. We also meet together in small groups' midweek where our church family make deep friendships and grow together in their faith.

**There is a home worship group in Fenstanton which serves both Fenstanton and Hilton.**

**Bible Study & Prayer:** We have weekly bible study for women, monthly church prayer meetings and weekly men's prayer mornings.

**For further information please see our website  
or call us on 01480 498801**

## ROMAN CATHOLIC CHURCH

**St Ives, Church of the Sacred Heart, 19 Needingworth Rd.**

Parish Priest: Fr Edward Tredota; Ass.Fr. Marek Pabis;

Tel 01480 462192, [www.sacredheart-stives.org](http://www.sacredheart-stives.org)

Mass Times: Saturday 17.00 , Sunday 08.00 and 11.00

**Papworth Everard, at the Parish Church, Saturday Mass 18.00 .**

## **The Particular Baptist Chapel Church Lane Fenstanton PE28 9JW**

There has been a witness to the worship of God here over the years since 1643

**Services are on Sundays at 10.30am and 2.30pm  
and on Thursday evenings at 7.15pm**

We still use the Authorised, King James Bible, believe in Particular Redemption and the traditional manner of worship.

***All are welcome***

Pastor: BE Izzard (01480 830142)

**FENSTANTON UNITED REFORMED CHURCH**



**CHRISTMAS TREE FESTIVAL**

**SATURDAY 7<sup>th</sup> DECEMBER, 10.00am - 4.00pm**

**SUNDAY 8<sup>th</sup> DECEMBER, 11.00am – 4.00pm**

**DONATIONS, AT THE DOOR,**

**TO BE SHARED BETWEEN: Arthur Rank Hospice,  
The Special Care Baby Unit at Hinchingsbrooke & THE CHURCH**

**CAROL SINGING**

**AROUND HILTON**

**COME AND JOIN US ON  
TUESDAY 17<sup>th</sup> DECEMBER**



**MEET AT THE LYCH GATE (PARISH CHURCH)**

**6PM FOR A 6.10PM START**

**WE NEED BOTH SINGERS & COLLECTORS  
EVERYONE WELCOME - PLEASE JOIN US  
COLLECTION IN AID OF SAVE THE CHILDREN**

**IF YOU CAN'T MAKE 6PM THEN  
JOIN US EN ROUTE ....**

**THE ROUTE IS:**

**Sparrow Way, Flackdale Road, Mill Hill End, Rutland Green,  
Smethfield, Pub Potton Road, Chapel Close, Kidman Close,  
College Farm, Chequers Croft, Westbrook, Westbrook Close,  
Tithe Close, Scott's Close, Scott's Crescent.**

**REFRESHMENTS AND HOT DRINKS ON OFFER AFTER THE SINGING.**

Come and join  
Fenstanton Parish Church  
on  
Sunday 1<sup>st</sup> December  
at 5pm for

## A Christingle celebration

in aid of The Children's Society



Tea served afterwards



Fenstanton Parish Church

## TOY SERVICE

Sunday 8th December at 10am

Everyone is very welcome to our informal service at which gifts will be accepted by Social Services for local needy children this Christmas. Please wrap your gift and mark it Boy/Girl/and suitable age.

Refreshments afterwards.

All very welcome

Fenstanton United Reformed Church  
Chequer Street

## "LET'S SING" -- CAROLS

led by an ensemble from  
The Bury & Ramsey Concert Band

SUNDAY 15th DECEMBER, 3.00pm

Come and join us for an afternoon of carols and readings in preparation for Christmas

FOLLOWED BY TEA AND MINCE PIES





## FENSTANTON WI

Our meeting on 7<sup>th</sup> November was well attended and we welcomed 3 guests. Our speaker was a representative of SOS Children's villages who illustrated her talk with pictures taken on a recent visit to one of their projects in Zambia. The children come from families who can't care for them for a variety of reasons and they are housed in small groups each with a house mother and siblings are kept together if possible. In addition to a house mother for each "family" the villages have a number of aunts who help wherever needed. There is also a clinic and dispensary which is open to the public as well as caring for the children. The local school is helped by SOS and the children in their care attend the school alongside the local children. SOS also run a medical bus that visits outlying areas bringing health care to people who wouldn't normally benefit. The diseases treated include Malaria,

diarrhoea, respiratory conditions and HIV/AIDS. The bus also provides immunisation programmes.

Several of our members recently attended the Federation Quiz night in Huntingdon where they won third prize and together with several others they were runners up in the Murder Mystery night held at WI headquarters in Huntingdon.

### Forthcoming Events

**December 5<sup>th</sup>**

Christmas Celebrations

We are a lively, friendly group who meet on the first Thursday of the month, except in January. If you would like to join, please come along to one of our meetings at the Church Centre at 7.30pm. For more information, please contact our secretary Val Spain (01480 463653)

## FENSTANTON LACE MAKING CLUB

A small group of lace makers usually meet on the last Saturday of each month at 37 Lancelot Way, Fenstanton from 2.30 to around 5.00pm., but the next meeting will be on January 25<sup>th</sup>(due to Christmas Celebrations!). Please feel free to join us, all are welcome. We can provide materials and equipment on loan for complete beginners, so don't be put off.

For Further information, contact Margaret Blount on 01480 352724.

## FENSTANTON KNITTERS & NATTERS

On the 12<sup>th</sup> November we celebrated our 6<sup>th</sup> Birthday and held a bring and share lunch which was enjoyed by 32 ladies.

We have been asked to knit 32 Beanie hats for a Cambridge Rowing Club in their team colours.

Please come and see our knitted Christmas Tree, it will be almost 9ft tall decked with 200 toys, on the 7/8<sup>th</sup> December, at the United Reformed Church, Donations for Arthur Rank Hospice, Hinchingsbrooke Special Care Unit, and The U.R. Church.

## FENSTANTON BABY & TODDLER GROUP

We are a friendly group running a weekly play session for children from birth to school age. We are open every **Wednesday (including school holidays), 10am - 11.30am, at the Church Centre.** We would love to welcome any new faces so please feel free to come along and have a coffee.

The first session is free, £2 thereafter.

**contact** Aileen Bromilow, 01480830658, email: [aileeno77@yahoo.co.uk](mailto:aileeno77@yahoo.co.uk)  
**for any further information.**



Our Children's Christmas Party will be held this year on Wednesday 19<sup>th</sup> December, starting at 10am. We will be holding a Christmas Raffle to raise desperately needed funds for the group (due to the heating costs over the winter the group is usually running at a loss!) and ask for any donations of raffle prizes. If you have anything suitable which could be used as a prize, please bring along to the group over the next few weeks – thank you!! There will be lots of fun and games for the children and hopefully a visit from Father Christmas. We look forward to seeing you all there.

### **BABY CLINIC IN FENSTANTON**

The St. Ives Health Visitors now run a baby clinic in the village, offering the chance for parents to have their babies weighed or to ask any questions. Sessions will take place on the second Wednesday of each month at the Church Centre, 10 - 11am. Please drop in or contact your usual health visitor if you would like further details.

### **DECEMBER BULLETIN FROM CAMBRIDGESHIRE FIRE AND RESCUE SERVICE**

IT is the time of year when we're enjoying a tittle with friends, cooking heaps of delicious food and decking the halls.

The fire service has these messages to make sure your festive cheer doesn't go up in smoke:

- Kitchens are a fire hotspot, so take care while cooking your Christmas dinner. Never leave cooking unattended and turn off appliances when not in use.
- Switch off fairy lights and unplug them before you go to bed or leave the house. Make sure they conform to the British Standard and never overload plug sockets.
- Be careful when drinking alcohol while smoking or cooking.
- Finally, make sure you have a working smoke alarm which is correctly fitted and works. And NEVER take the batteries out to power presents!



The Fenstanton Youth U10's with Mark Cooper (left) and Kevin Smith

Across the river to  
Holywell Church



photo taken on 12 November  
from Parish Footpath No 10  
near Hollow Farm).

## FENSTANTON YOUTH FOOTBALL



Fenstanton Youth U10's have got off to a great start this season, winning three of the of their five games played so far, with only one loss. The team look striking in their brand new football strip, sponsored by Accent Property Management. The U10's are managed by Kevin Smith and Mark Cooper and are one of six teams at Fenstanton Youth Football Club, which was set up eight years ago by Kevin Smith and Charlie Darling. "We now have teams from U8's to U13's as well as 5 and 6 year olds who come for training on Saturdays. Our goal is to have teams up to U18's to feed into the senior team. We always welcome new players and would particularly like more U10 players to join us as our U10 team will be going from playing 7-a-side this season to 9-a-side next season.

Everyone is welcome, regardless of ability, and we always make sure that all our players get the same amount of time on the pitch and everyone is treated fairly." The U10's will be competing until May 2014 after which they will continue training and take part in tournaments during the summer. An army of volunteers help to keep the club running and support is always welcome. "It's great to get the children away from their X-boxes and computer games for a few hours and see them enjoying being active," says Kevin. "We want to include as many children as possible and would like to thank Accent Property Services for their support & sponsorship of the U10's new kit and training jackets, which looks fantastic.

Without help from businesses like Accent it would be difficult to provide our players with the equipment they need. Some of the costs would inevitably fall on the parents and this might mean some children would be unable to join in." The U10's play their next 2 games at home on 23<sup>rd</sup> and 30<sup>th</sup> November at Hall Green Lane, Fenstanton. Kick off is at 10.30am and supporters are always welcome. Anyone interested in joining Fenstanton Football Club should contact Kevin on 0772 9218805.

## FENSTANTON FOOTPATHS

We can't complain about the autumn leaf colours this year. They have been pretty spectacular and have lasted much longer than usual thanks to relatively mild weather and the absence of any strong winds - at least until early November. Even then some trees retained their leaves to prolong the autumn display (see photo) I walked a fair proportion of the parish footpaths with a friend a few days before that photo was taken. The Ouse river path never ceases to reward a morning stroll with lovely views across the river to Holywell Church (see photo) and a flock of twenty or so Egyptian geese grazing on the water meadows beside the river. Unfortunately, I was too slow with the camera to capture them before they flapped off but, no doubt, they will be around for a bit. I'm still hoping for a sighting of that elusive kingfisher.

The paths themselves were in reasonably good walkable condition with vegetation kept well clear thanks to some late season maintenance by the Parish Council's contractor. However, they are beginning to get quite muddy in places as a result of all the rain we've had so if you do venture down towards the river make sure you wear some waterproof boots.

Happy walking!

*Philip Blunt (P3 coordinator for Fenstanton)*

[email: [philip.blunt@mypostoffice.co.uk](mailto:philip.blunt@mypostoffice.co.uk) ; phone: 461751]

*Fenstanton parish has a network of public and permissive footpaths which is maintained by the Parish Council with occasional grant assistance from Cambridgeshire County Council (CCC).*

*An excellent leaflet which includes a map and descriptions of the parish footpaths was produced in 2005. Although a bit out-of-date now, the leaflet gives a good indication of the footpath network. If you would like a copy, please contact me with your name and address and I will get one to you as soon as possible.*

*If you are a footpath user and you see anything that needs attention relating to the maintenance of the public and permissive footpaths in the parish, please contact me in the first instance.*

## Bare branches still leave delicate trceries



In the dark days of December, much of the animal world is tucked away asleep – newts under logs and plant pots, toads in the mud, hedgehogs in the brush of a spinney, bats crammed into packed roosts between bricks and rafters.

Most plants go into a state of dormancy before the deep winter conditions arrive, brought on in reaction to the decreasing day length and drops in temperature – rather wonderful to think that an organism with no brain, nervous system or memory to draw on can predict and prepare for the onset of winter.

The most obvious stage is autumn leaf drop, and the final flags of red and yellow will be shed this month. Leaf drop is a triumph of plant signalling, the final farewell in a process that began way back in the spring. As leaf buds broke in response to spring's warmth and sun, the leaf stalks stretched out from the leaf petiole. A special layer, called the abscission layer, formed at this junction comprising cells that remain conjoined when the plant is 'making hay while

the sun shines' and flows of the plant hormone, auxin, remain steady through the leaf and in the body of the plant. But in autumn, as the plant reduces the production of green-pigmented chlorophyll essential to photosynthesis in response to the drop in sunlight, the auxin flow from the leaf also decreases or stops. This prompts the cells in the abscission layer to elongate and break, setting the leaf free to float down or indeed the ripe fruit to fall to the ground. It also forms a layer that seals the break so the plant does not lose sap through the broken vascular bundles. Essentially, the plant battens down the hatches.

Which is usually what we feel like doing in the dark days of winter! But if you do venture out, you will be rewarded with the stunning winter trceries of the leafless trees, such as the vaulted domes of the walnuts, or the yellow mops of the weeping willows or the coral and scarlet fans of the acers. And if you struggle to tell your ash from your alder in winter without the leaves to help you, we are running a one-day course at the Botanic Garden on 31 January 2014 which looks at how to use tree outline, bark structure and twig characteristics to identify trees in winter. Please see the website at [www.botanic.cam.ac.uk](http://www.botanic.cam.ac.uk) for details.

The Botanic Garden is open in December & January 10am-4pm. Please note the Garden is closed for the Christmas holidays from Tuesday 24 December 2013 to 01 January 2014 inclusive. Admission is £4.50, Giftaid admission £4.95 or join the Friends, get free admission and help the Garden grow! For news and events, detailed information about the Garden or to discover this week's Plant Picks from the Head of Horticulture, please visit the website at [www.botanic.cam.ac.uk](http://www.botanic.cam.ac.uk)

## HILTON WI

November is often a dull and dreary month, but this one was brightened up by Linda Scholes, an American lady who cheered us up with her amusing and often cheeky tales about her family and their unique way of celebrating Christmas. From her mother who always gave everyone "just what they always wanted" even if they did not appreciate it at the time, to her husband who so loved the excitement of both giving and receiving presents but was usually disappointed when he opened the parcel. One year he opened a box which should have contained a huge toolbox, but as the store had sold out Linda filled it with bricks to make it heavy.....he was not amused! Linda like many of us had left everything until the last minute and her dreams of perfection turned into chaos. We could

all sympathise with that situation.

Remember Craft Club on **5th December** to finish your masterpieces for Christmas and amaze your family and friends.

The Christmas Party is on **Monday 9th December** at 7 30 pm in the Village Hall

Put on your party outfit, bring a plate of seasonal food and if you fancy a bit of fun, bring a hat decorated in true Christmas style!

Our meeting on **January 13th** will be a talk by Ian Bates our local County Councillor, so do come and learn more about local government and how it affects our community. For any other information ring Ruth on 830358.

## HILTON FLOWER CLUB

November 's meeting was our Christmas demonstration by Lesley Beeton. We had a most enjoyable and entertaining afternoon, Lesley did nine wonderful Christmas arrangements, which nine lucky winners took home.

**December 2nd:** is our Christmas party so looking forward to seeing you all. Don't forget to bring your table arrangements big or small.

**February 3rd:** June and Beverley will be doing the demonstration so all welcome.

Hilton village hall 2--4pm

Entrance £3.00, Raffle 50p

We hope you all have a great Christmas.

## HILTON BABY & TODDLER GROUP

We are a friendly group with babies and toddlers of all ages. We have a great range of toys and a well stocked biscuit tin so feel free to come along and have a chat while the little ones burn off some energy!

Sessions cost £2 and run from 10.00 - 11.30am every Tuesday, excluding school holidays.

**contact** Aileen Bromilow, 01480830658, email: [aileeno77@yahoo.co.uk](mailto:aileeno77@yahoo.co.uk) for any further information.



## HILTON ART CLUB

**13<sup>th</sup> December 12 noon onwards**

We will be having our Christmas Lunch at The Poacher in Elsworth, which will be a good opportunity to get together socially.

**17<sup>th</sup> January, 9.30 – 12.00**

Acrylic Inks Designs. A tutor led session with Lynn Norton. Lynn is one of our members and also a member of the Carmelian Group of painters. This session is open to non-members at £5 for the session, including tea or coffee. Contact Gina on 01480 830696 or Diana on 01480 830696 to book your place.

## HILTON PRODUCE SHOW



**ALL GOOD WISHES FOR CHRISTMAS AND THE NEW YEAR  
TO OUR CONTRIBUTORS FROM  
THE PRODUCE SHOW COMMITTEE.**

**THE COMMITTEE IS BUSY PLANNING THE SCHEDULE  
FOR 2014 SO IF YOU HAVE ANY SUGGESTIONS FOR  
SOMETHING DIFFERENT FOR INCLUSION IN THE USUAL CLASSES,  
PLEASE CALL DEB ON 830 157 OR CHESKA ON 830307 EARLY  
IN THE NEW YEAR AND ALL WILL BE CONSIDERED.**



## Healthwatch Cambridgeshire; your spotlight on health & social care.

Healthwatch Cambridgeshire is the new champion for people using local health & social care services; we launched in July 2013. We work to ensure that people's voices are heard in making important decisions about local NHS, social care and public health services.

We talk to people in the local community about their experience of the care they receive to help us understand how well local care services are working. We make sure we feed this information back where it matters to the people buying, providing and regulating local care services.

[Tell us about your health & social care experiences.](#) We want to hear about the good and not so good, as this feedback can help improve care for everyone.

Join our [Consultation Network](#), which will connect you with organisations that should know about your experiences and opinions of care in Cambridgeshire.

[Get problems resolved...](#) We can make sure you know where to go if you need to sort out a problem with a local care provider. We can give you information about how different complaints systems work and who can help you get your complaint resolved.

[Find out about local care.](#) We are developing a Signposting & Information Service, to help you find out about your choice of health & social care services.

Find out more about Healthwatch Cambridgeshire and get involved by calling us on 01480 420628, emailing [enquiries@healthwatchcambridgeshire.co.uk](mailto:enquiries@healthwatchcambridgeshire.co.uk) or visit our website [www.healthwatchcambridgeshire.co.uk](http://www.healthwatchcambridgeshire.co.uk)



Follow us on Twitter [@HW\\_Cambs](#)



Find us on

Facebook

at [Healthwatch Cambridgeshire](#)

## HILTON FEAST WEEK

We were grateful for your support with the **Hilton Fireworks Display on 2<sup>nd</sup> November 2013**, with the BBQ and refreshments we served to keep you warm on that windy night! Thank-you to the Hilton Parish council for a wonderful display of fireworks which were amazing and not affected by the wind and weather!

### **More dates for your diaries are as follows:**

7th December: Children's Christmas Party 1pm-4pm.(for under 12 yr olds.)

25th January: Burns Night and /or quiz night ! To be confirmed.

29th March: Quiz night.

19th April: Family Easter Egg hunt 11 am - 3pm

17th May: Fundraiser TBC

**27th July - 2nd August FEAST WEEK.**

Watch the website and Spectrum for dates for your diary, and we always welcome your support with our fundraising for the next year.

The last Summer Ball Committee 2012, have approached Feast Week committee to offer to organise a Summer Ball on 25th July 2014, so more details to follow in the next few months, and tickets will be offered to residents in our villages initially, as the maximum is 300 people with 10 per table. Tickets will be available from Peter Sampson and Ett McCarthy in the next few months.

Lastly, I'd like to say thank-you to all of the Feast Week committee who have worked hard, to pull all this together for our community. We as a village are so lucky to have such a great events for everyone to enjoy.

Have a wonderful Christmas and a Happy New Year from all the Feast week committee,  
Hope to see you all soon,  
Sharon Walker.

See the website at [www.hilton-village.com](http://www.hilton-village.com) for all the latest events.

**CHAIRMAN – SHARON WALKER - 831299 / 07984232424. [sharonwalker@nhs.net](mailto:sharonwalker@nhs.net)**

**VICE CHAIR – GILL GILL -07793248287 [gilliangill80@hotmail.co.uk](mailto:gilliangill80@hotmail.co.uk)**

**TREASURER – GRAEME GRIBBEN – 01480 830481**

**SECRETARY – EMMA STUBBS .**

**OTHER COMMITTEE MEMBERS ; SUZIE AND CRAIG SUTHERLAND,  
EMMA PAYNE, LYNNE RADBONE, JUDY WARD, PAUL WILLIAMSON.**

### **Swavesey Surgery News**

Website address : [www.swaveseyurgery.nhs.uk](http://www.swaveseyurgery.nhs.uk)

**You can use our website to; register as a new patient, find our opening times, order repeat medications, book doctors appointments, and much more.....**

### **Christmas/New Year Opening Times :**

We will be operating normal working hours except for :

Christmas Day, Boxing Day & New Year's Day - CLOSED

- If you have an urgent medical problem when the surgery is closed you can contact the out of hours service on: 01223 446995.

**Staff Changes** We are sorry to say goodbye to Lisa Simpson who has been a practice nurse with the surgery for many years. Lisa Jones is going to continue to work with us as our diabetes nurse alongside her role as practice nurse at York Street Surgery. We are delighted to welcome Jan Rix who is a very experienced practice nurse and specialises in respiratory conditions. Our nursing team will now consist of Fiona Edwards, Lisa Jones and Jan Rix. Dr Roxana Schreiber will be leaving and moving to Australia. Dr Anil Jain joined the surgery a year ago and has been working as a partner with Dr Schreiber will now be our Lead GP and will be working full time.



## O come, all ye faithful Recyclers

The countdown to Christmas has started, and Huntingdonshire District Council would like to encourage you all to keep the party going by remembering to recycle over the festive period.

We are recycling more at home than ever before, which is great, and we don't want it to be forgotten about during the festivities.

Christmas is a time for entertaining, which means we all have more waste to dispose of. In Huntingdonshire, we are fortunate to be able to recycle a wide range of materials within the blue bins or clear sacks, which helps us all to recycle more this Christmas.

Remember to recycle all of your Christmas cards, wrapping paper (paper type only), sweet tins, and the plastic packaging from your gifts within your recycling bin.

Don't forget that all food waste, including your turkey carcass, vegetable peelings and any leftovers can be placed in your garden waste bin for composting.

Collections of all waste types will continue throughout the festive period, but your day of collection will change for a few weeks. Collection arrangements are below and you can also download your collection calendar from [www.huntingdonshire.gov.uk/bins](http://www.huntingdonshire.gov.uk/bins)

Normal	Change to
Monday 23 Dec	Normal
Tuesday 24 Dec	Normal
Wednesday 25 Dec	Friday 27 Dec
Thursday 26 Dec	Saturday 28 Dec
Friday 27 Dec	Monday 30 Dec
Monday 30 Dec	Tuesday 31 Dec
Tuesday 31 Dec	Thursday 2 Jan
Wednesday 1 Jan	Friday 3 Jan
Thursday 2 Jan	Saturday 4 Jan
Friday 3 Jan	Monday 6 Jan
Monday 6 Jan	Tuesday 7 Jan
Tuesday 7 Jan	Wednesday 8 Jan
Wednesday 8 Jan	Thursday 9 Jan
Thursday 9 Jan	Friday 10 Jan
Friday 10 Jan	Saturday 11 Jan

**When the festivities are over, recycling continues and here are a few top tips for a green 2014**

Save money and waste less food with great tips and recipe ideas from

[www.lovefoodhatewaste.com](http://www.lovefoodhatewaste.com)

Enjoy truly local food sold by the people who produce it from your Local Farmers' market. Find your local market at

[www.huntingdonshire.gov.uk/markets](http://www.huntingdonshire.gov.uk/markets)

Recycle unwanted small electrical items in one of the banks in Cattle Market - St Ives, Bridge Place Car Park - Godmanchester and Tebbutts Road Car Park - St Neots  
Know what materials can be recycled within your bins at

[www.huntingdonshire.gov.uk/whatgoesinwhichbin](http://www.huntingdonshire.gov.uk/whatgoesinwhichbin)

Compost at home – you can buy one compost bin and get another half price at [www.ccc.getcomposting.com](http://www.ccc.getcomposting.com)

Find out when your bins are collected at [www.huntingdonshire.gov.uk/bins](http://www.huntingdonshire.gov.uk/bins)

Many unwanted materials can be recycled at your local Household Waste Recycling Centres.

Alconbury (9am -4pm); Bluntisham (8am - 4pm); St Neote (8am - 4pm). Sites close at 1pm on Christmas Eve, and are closed on Christmas Day, Boxing Day and New Year's Day.

Find your nearest at [www.cambridgeshire.gov.uk/environment/recycling](http://www.cambridgeshire.gov.uk/environment/recycling)

Recycling Banks for clothes, textiles, DVD's, CD's and books are located throughout the district. Find your local bank at [www.huntingdonshire.gov.uk/recyclingcentres](http://www.huntingdonshire.gov.uk/recyclingcentres)

Avoid your blue bin being rejected for collection by keeping out black sacks and textiles



## **\_The Great Fen – Where We Are Today**

The Huntingdonshire Local Group of the Wildlife Trust is pleased to present an illustrated talk entitled **The Great Fen – Where We Are Today**, on Wednesday **8<sup>th</sup> January at 7.30pm** at Brampton Memorial Hall, Thrapston Road, Brampton.

Our speaker, Louise Rackham, has worked at The Great Fen since 2009 and is currently The Great Fen Education and Community Manager. Louise has been involved in environmental education since 1997, taking her from Thetford Forest to the Botanic Gardens in Perth, Western Australia.

Tonight's talk will start with a brief overview of the Great Fen project and progress on to show how we are currently restoring the land and our plans for the future.

Anyone interested in wildlife is most welcome to attend. Suggested donation: £2.00 members; £2.50 non-members. Please contact Phil on 01487 822835 for further information.

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Part of the Wildlife Trust for Bedfordshire, Cambridgeshire and Northamptonshire. Registered Charity No: 1000412

## **Cambridgeshire County Council needs you to help change the lives of local children and young people.**

Foster Carers provide a stable family support network for local children and young people when they are unable to live with their own family. Every year we have over 425 children and young people looked after by Cambridgeshire County Council.

The shortage of Foster Carers means that children and young people are placed with (independent foster carers or residential units some outside of Cambridgeshire) they may also be looked after within the county children's homes. We need to recruit more Foster Carers in order to give them the best possible future.

Foster Carer's come from all different kinds of backgrounds. It may be that you have your own children or you may have worked with children before. You may have no experience of children or possibly considering a career change?

Every child is different so we need different Foster Carers, if you can offer stability, security and the positive experience of a loving family then we want to hear from you.

You might be:

- Married, in a civil partnership, single or living with a partner
- From an ethnic background
- In a same sex relationship
- In work, unemployed or retired

Recruiting local people will mean that children and young people can live in their own community, continue to attend the same school and maintain contact with their family and friends.

We offer generous allowances including a start up package, 24 hr support and full training.

Visit [www.cambridgeshire.gov.uk](http://www.cambridgeshire.gov.uk)

## Plagued by nuisance calls? Trading Standards offers advice



Cambridgeshire  
County Council

Recent figures released by the Communications Regulator show that 10,000 unsolicited marketing calls and 3,000 silent calls are received by UK consumers every month. The majority of these calls are made between 8am and 6pm Monday to Friday.

As well as interrupting whatever you are doing at the time, many such callers use pressure selling to persuade you to agree to something without giving you the chance to consider it properly.

### ***What can you do to reduce the number of nuisance calls you receive?***

Firstly, register with the Telephone Preference Service. The service is free and can reduce the number of unsolicited marketing calls you receive from UK companies. You can register by calling 08450 700707 or by visiting [www.tpsonline.org.uk](http://www.tpsonline.org.uk).

Secondly, speak to your telephone service provider to ask what call blocking technology they would recommend. Three Scottish Trading Standards authorities have recently tested some of the latest call blocking devices and found them to be very effective in reducing such nuisance calls. Some telephone providers also offer their own call blocking facilities. There may be a charge involved for such a device.

Thirdly, if you need to give your phone number to a business, make sure you opt out of receiving promotional information from them and third parties by ticking the relevant box on their website or clearly stating this if you are dealing with them on the telephone.

Fourthly, become ex-directory as some businesses use phone directories to compile marketing call lists.

Finally, many nuisance calls originate from overseas so ask your telephone provider to block international calls to your number (although be aware there may be a charge for this service).

Never divulge personal details such as your bank details to a cold caller, regardless of who they claim to be (Police, your bank etc) and never agree to any loans or credit over the phone.

### ***Dealing with cold callers***

When it comes to dealing with pressure selling on the telephone, remember that it is likely they are using this technique because their prices are uncompetitive – they don't want you to have time to compare their prices with other companies. False claims that this is a 'one day only' offer or that the price is hugely discounted are common tactics.

Tell the caller you are not interested and ask them not to contact you again. If they ignore your request, report them to the Information Commissioner (ICO) online at [www.ico.org.uk](http://www.ico.org.uk) or by phone 0303 1231113. You can also report automated pre-recorded calls to ICO. If possible make a note of the business name, the number they called from, the date and time they called and what they were trying to 'sell' eg. PPI, accident claim, credit. You should also make the ICO aware of any distress, damage or loss you suffered as a result of these calls.

If you need advice on anything you have bought or agreed to as a result of such a cold call, contact our advice partner, the Citizens Advice Consumer Helpline, on 0845 4040506.

Leftover roast Turkey or chicken Burritos

Serves 4

## DOMENICO'S CHRISTMAS

### RECIPE

#### Ingredients

4 tbs of light olive oil  
1 sweet red pepper, sliced  
1 cup mushrooms, sliced  
2 onion, sliced  
4 Cloves of garlic grated  
2 cups of cooked and shredded turkey or chicken  
Half a can of good refried beans  
2 teaspoons of cumin powder  
2 teaspoons of smoked paprika  
1 good packet of your favorite wraps  
salt and pepper

#### also

Sour cream and chives  
Grated cheddar cheese  
And your favourite jar of salsa

#### Method

1. Turn on the oven to 150 oc to get it ready. On to a baking tray lightly brush some light olive oil and set aside.
2. In a frying pan over a medium heat, add the olive oil and swirl to coat pan. Cook the onion, sweet red pepper for around about 5 minutes. Add the mushrooms and cook for 2 to 3 minutes longer. Add the cooked shredded turkey or chicken then add the grated garlic, cook for a further 2-3 minutes and finally stir in the half a can of refried beans, salt and pepper to taste. And set aside.
3. On a plate put 4-5 wraps into the microwave for about 20 sec just to warm up and make them more pliable. Then with a tablespoon Scoop the sumptuous filling in the middle of the wraps and make up little parcels until all the filling is all used up. then place each parcel onto the baking tray and put a teaspoon of salsa and a good pinch of grated cheese over each parcel and place in the oven until lightly golden and the cheese has melted.
4. Serve with a dollop of sour cream and chives and a fresh fresh mixed salad with lemon and lime with zest olive oil and salt dressing.



If you're vegetarian leave out the meat out, it's delicious.

### Madingley Weekly Programme

These five-week, multidisciplinary courses are all led by top Cambridge experts who are actively involved in research. Each typically involves attending one two-hour session a week here at the home of the University of Cambridge Institute of Continuing Education, Madingley Hall.

As with many of our programmes, the courses are open to everyone.

Courses begin:

<b>13<sup>th</sup> January</b>	<b>First World War remembered</b>
<b>14<sup>th</sup> January.</b>	<b>600 years of death and burial</b>
<b>14<sup>th</sup> January</b>	<b>Surrealism and film</b>
<b>14<sup>th</sup> January.</b>	<b>Writing non-fiction: telling true tales</b>
<b>15<sup>th</sup> January</b>	<b>Medieval fenland</b>
<b>15<sup>th</sup> January</b>	<b>Cambridge science: behind the scenes</b>

For more information about these courses, and to see what else you can learn with the Institute of Continuing Education, visit [www.ice.cam.ac.uk/weekly](http://www.ice.cam.ac.uk/weekly).



## Stars of Bethlehem

Advent songs and stories  
from the holy land.

**Monday December 9th 2013**

**7.30 - 10.00 pm.**

**St Ives Free Church,  
Market Hill, St Ives,  
Huntingdon, Cambs, PE27 5AY**

Tickets now available from 'Just Sharing'  
The Fair Trade Shop, St Ives Free Church **01480 496570**  
or from John & Penny Leigh-Brown **01480 464672**  
Entrance £5 to include interval refreshment.

Palestinian goods and Christmas cards

**Fr Paul Maddison    Rev Garth Hewitt**

Leader of Palestine  
Pilgrimages, telling  
stories of courage  
and hope.

Founder of the Amos Trust,  
singer, songwriter, singing songs  
of beauty, mercy, struggle, joy,  
laughter and wonder.



**Saturday 18<sup>th</sup> January 2014  
at 2:00pm and 7:30pm  
Sunday 19<sup>th</sup> January 2014  
at 2:00pm**

Adults - £10 Children - £7.50

Family Ticket -

2 Adults and up to 3 Children - £32.50

For tickets, call the Box office: 01480 830 934  
or go to [www.strictlypanto.co.uk](http://www.strictlypanto.co.uk)

# Christmas



# LIGHTS

Fenstanton Village Hall Committee and  
1st Fenstanton and Hilton Scout Group

Tuesday 4th December

6.30pm - 8.00pm at The Clock Tower

The Fenstanton Village Hall  
Grand Christmas Draw at 7.10pm

1st Prize £250 Cash

2nd Digital Television

3rd Prize Luxury Christmas Hamper

4th Prize Mixed Case of Wine

And many others

Carols and Refreshments including  
Mulled Wine, Mince Pies, Hot Drinks  
Gingerbread Men and Christmas Market.

Raffle tickets available from Ron's  
Farm Shop and the Post Office.



## WHAT'S ON in DECEMBER/JANUARY

Dec 2nd	Hilton Flower Club	Village Hall	2.00pm	p33
2nd	Hilton PC	Village Hall	7.30pm	p13
4th	Christmas lights	Fenstanton	6.30pm	p46
6th	Fenstanton WI	Church Centre	7.30pm	p26
7th	Hilton Coffee Morning	Methodist Church	10.00am	P20
7th/8th	Christmas Tree Festival	URC Church	11.00am	p24
7th	Children's Christmas	Hilton	1.00pm	p37
9th	Star of Bethlehem	Free Church	7.30pm	p45
9th	Hilton WI	Village Hall	7.30pm	p33
13th	Hilton Art Club	Elsworth	12.00	p35
17th	Hilton carol Singing	Parish Church	6.00pm	p24
19th	Toddlers Christmas Party	Fenstanton Church Centre	10.00am	p27
Jan 4th	Hilton Coffee Morning	Methodist Church	10.00am	P20
8th	Wildlife meeting	Brampton	7.30pm	p41
9th	Fenstanton PC	School Hall	7.30pm	p11
11th	Men's Breakfast	URC Church	8.00am	p22
13th	Hilton WI	Village Hall	7.30pm	p33
17th	Hilton Art Club		9.30am	p35
18/19th	Strictly Panto	Cambourne	2pm/7.30pm	p45
18th	Burns Night (Hilton)	Village Hall	7.30pm	p20
21st	Book Sale	URC Church	9.30am	P22
25th	Lace makers	Lancelot Way	2.30pm	p26
25th	Burns night/Quiz?	Hilton		p37

### Regular weekly meetings:

Fenstanton Baby & Toddler (p26)

Hilton Baby & Toddler (p33)

Football Training (p25)

### Regular fortnightly meetings:

Knitters & Natters (p21)

For Church services etc.

see between p18-27

Bin Collections over Christmas (p39)